

PAIN MANAGEMENT CLINIC

DR MAHER MICHEL

Forster
Private Hospital



- **Consultant Anaesthetist with interest in Pain Management**
- **VMO at Mayo Private Hospital, Taree**
- **VMO at Forster Private Hospital, Forster**

Dr Maher Michel is a consultant Anaesthetist with an interest in pain management. He has extensive experience in running a similar Pain Management service in UK. He is one of the founding members of the Faculty of Pain Medicine, Royal College of Anaesthetists UK.

He has experience in dealing with a wide spectrum of patients who have been suffering from acute/chronic back and neck pain, neuropathic pain and vascular pain. He offers a multidisciplinary approach and works with rehabilitation specialists, psychologists, spinal surgeons, physiotherapists, and other allied health practitioners.

Summary of the medical conditions which could be referred to the clinic:

Low back pain:

- Acute: suspected disc prolapse
- Chronic:
 - Facet joint arthritis
 - Sacro iliac joint arthritis
 - Spinal stenosis
 - Post back surgery pain
 - Coccydynia.

Neck pain:

- Acute: whiplash injury, disc prolapse
- Chronic:
 - Cervical facet joint arthritis
 - Cervical spondylosis

Chronic pain associated with an operation:

- Post mastectomy pain
- Post hernia repair pain
- Post varicose vein surgery pain
- Post thoracotomy pain
- scar pain

Facial pain:

- Trigeminal neuralgia
- Atypical facial pain

Neuropathic pain:

- Peripheral
 - Post herpetic neuralgia
 - Diabetic neuropathy
 - Ischaemic neuropathy
 - Nerve entrapment syndrome
- Central: post stroke pain, spinal cord injury pain

Post amputation pain:

- Phantom pain
- Stump pain.

Complex Regional Pain Syndrome:

Following fracture or sprain to the wrist and the ankle joint

Interventional Pain Management

(Under Image intensifier)

- Epidural (Cervical, Thoracic, Lumbar & caudal)
- Transforaminal nerve block (Cervical & Lumbar)
- Facet joint injection & medial branch block (Cervical & Lumbar)
- Radiofrequency denervation of facet joints (Cervical & Lumbar)
- Ketamine infusion
- Peripheral nerve blocks (Suprascapular, Intercostal, Trigeminal etc)



Dr Maher Michel

- Fellow of the Royal College of Anaesthetists UK, FRCA (UK)
- Fellow of the Faculty of Pain Medicine Royal College of Anaesthetists, UK, FFPMRCA (UK)
- Fellow of the Australian and New Zealand college of anaesthetists FANZCA

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