

Forster Private Hospital

**REFERRAL  
KYA – HYDROTHERAPY**

Unit Record Number

Family Name \_\_\_\_\_

Given Names \_\_\_\_\_

Date of Birth  Age

Sex  Room No.

OR USE LABEL

**MUST BE COMPLETED BY A DOCTOR OR ALLIED HEALTH SPECIALIST**

**Client Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_  M  F

**Address:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Weight:** \_\_\_\_\_

**DVA Gold Card No:** \_\_\_\_\_ **Expiry Date:** \_\_\_\_\_ **OR**  Not applicable

**Compensation Insurer:** \_\_\_\_\_ **Claim No:** \_\_\_\_\_ **OR**  Not applicable

**Referrer Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Fax:** \_\_\_\_\_

**Reason for Referral/Goals:**  
\_\_\_\_\_  
\_\_\_\_\_

**Relevant Medical History:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

<b>Mobility:</b>	<b>AID:</b> _____ <b>Independent/Assistance Required (circle)</b>
	<b>Weight bearing status:</b>
	<b>Access pool by:</b> <input type="checkbox"/> Stairs <input type="checkbox"/> Hoist (tick)

**Swim Ability: (tick)**  Can swim  Low confidence  Needs Assistance

**Please indicate any of the following precautions that are relevant to your client:**

History of seizure, fainting, epilepsy (must be well managed)	Recent DVT/PE
Unstable angina	Swallow impairment
Cardiac condition/surgery	Hypertension
Acute infection	Hypotension
Gastroenteritis in the last 7 days	Hydrophobia
Conjunctivitis in the last 7 days	Behaviour/cognitive impairment
Bariatric	Incontinence – bladder
Proven bromine sensitivity	Incontinence – bowel (must be managed)
Diabetes	Hearing impairment
Renal impairment	Vision impairment
Blood borne viruses	Thermoregulation impairment (ie: MS)
Lines/catheter/peg/stoma	Peripheral neuropathy
Respiratory impairment	Haemophilia

I, the Referrer, declare that the above patient is fit for the hydrotherapy general exercise group.  
I declare that he/she has no obvious medical condition that will prevent him/her using a hydrotherapy pool where the temperatures are 32-34 degrees.

Signed \_\_\_\_\_

Date \_\_\_\_\_